



SafeHaven™

A program of the Medical Society of Virginia

First Steps

- MSV, along with countless organizations across the country, created resources, held workshops, and researched the systematic causes of burnout
- Even with these steps, the profession was still facing increased burnout and suicide rates



The Missing Piece

- After conversations with hundreds of physicians and PAs, MSV believes that:
 - Physicians and PAs fear their employer and Board of Medicine will alter their employment and/or license status if they discuss their personal burnout
 - Physicians and PAs fear their mental health status will be discovered and held against them in a medical malpractice trial
 - Physicians and PAs do not feel protected when they need to seek help to address personal burnout concerns
 - **Without providing legal protections by changing the law those suffering most would continue to isolate versus seek help**

Groundbreaking Legislation

- During the 2020 General Assembly Session, MSV focused on changing the law to allow physicians to seek professional support to address burnout
- Governor Northam signed HB115 on March 8, 2020, which became effective immediately
- Virginia is the first state in the nation to have legislation providing such a resource to support physicians and PAs



Groundbreaking Legislation

Confidentiality

- Legislation allowed for the creation of the MSV SafeHaven™ Program, which is a confidential resource for doctors of medicine or osteopathic medicine seeking help to address career fatigue and other mental health issues

Groundbreaking Legislation

Immunity

- The law expands civil immunity for those practitioners who serve as members of or consultants to the MSV SafeHaven™ program, providing help to physicians and PAs experiencing burnout
- Physicians and PAs participating in the SafeHaven™ program will not be reported to the Virginia Board of Medicine unless they are not competent to practice or are a danger to themselves or others

Groundbreaking Legislation

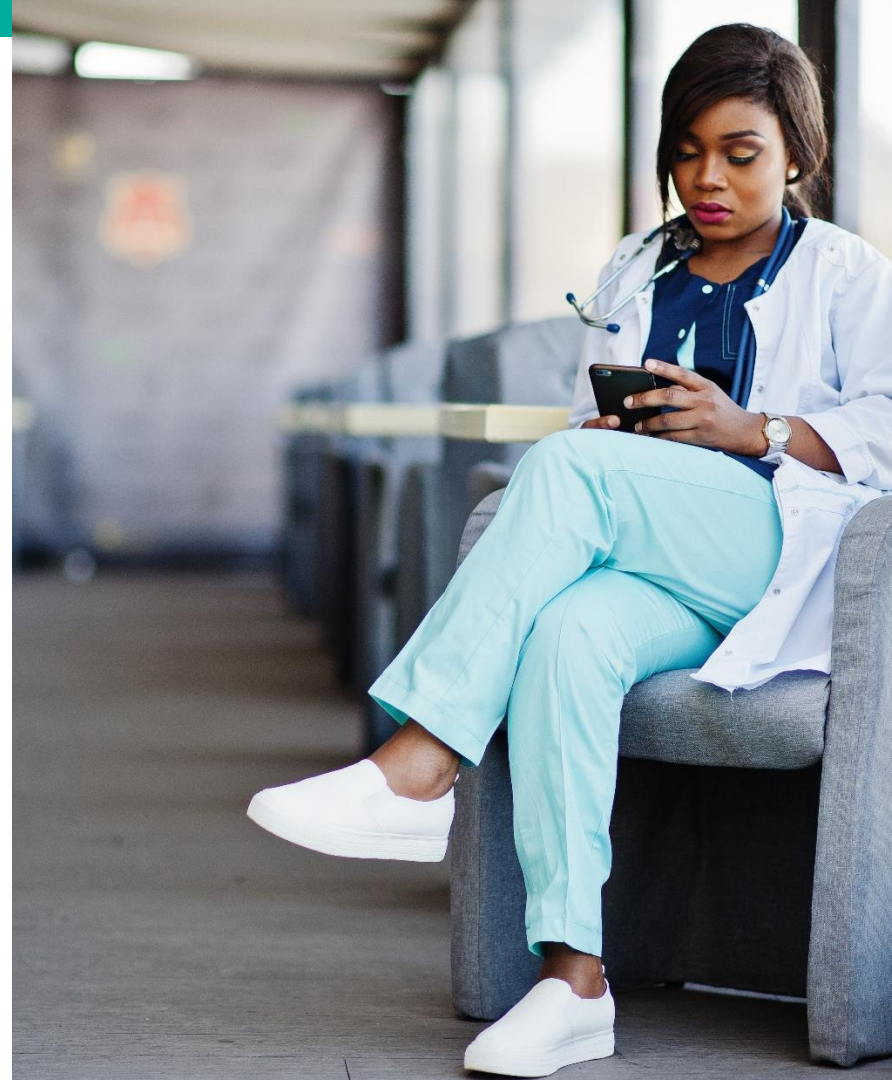
Privilege

Consultations which take place under the scope of the MSV SafeHaven™ Program are considered **privileged communications**

- Only under extraordinary circumstances and in very rare cases would the communication will become discoverable in litigation proceedings

SafeHaven™

- SafeHaven™ provides physicians and PAs a **discreet, confidential** set of resources so they can stay well, avoid burnout, and connect to their purpose
- SafeHaven™ addresses these challenges head-on by offering a comprehensive, proactive set of well being resources to help providers manage the demands of their personal and professional lives



The SafeHaven™ Difference

	Employer EAP	Medical Group Provided Services	Insurance Covered Services	Private Pay Services	SafeHaven™
Convenient	✓	✓	✓	✗	✓
Presumed Confidentiality	✗	✗	✗	✓	✓
Legal Confidentiality	✗	✗	✗	✗	✓
Physician/PA focused	✗	✓	✗	✗	✓

SafeHaven™ Partners

- MSV has selected VITAL WorkLife to provide SafeHaven™ services to program members
- VITAL WorkLife:
 - A national team of physician peer coaches & senior behavioral health consultants
 - 10+ years dedicated to physician well being
 - Proven outcomes and results



SafeHaven™ Program Components

- In addition to the legal safeguards built into the SafeHaven™ program, the following are provided to program members and their families:
 - Unlimited in-the-moment telephonic counseling offered 24/7
 - Up to six confidential, counseling sessions with a licensed counselor, therapist or social worker
 - Up to six confidential, peer-coaching sessions with a physician or executive coach
 - Unlimited usage of an all-purpose, virtual concierge offering first-class service 24/7
 - Access to a robust virtual library of burnout resources

SafeHaven™ Across Virginia

- MSV is partnering with Local Component Societies across Virginia to bring this important Well Being program to all the physicians and PAs in their community
- MSV is also working with leaders of other healthcare providers on the front lines to bring SafeHaven™ to all providers



SafeHaven™ Partnership Overview

- Turnkey solution to physician wellness services
 - Added legal protections through SafeHaven™
 - Trusted, experience well being service provider
 - 24/7 Access
 - Physician and COVID experience
 - Covers entire family
- Local Component Society participation
 - Leverage network and channels to market and communicate SafeHaven™ to all physicians and PAs in geographical region
 - Promote and encourage registration in the program
 - Ongoing well being education and engagement to support current program participants and encourage new registrants

SafeHaven™ Partnership Overview

- MSV and Well Being Resource Partner's Role
 - Support Local Societies marketing and communication efforts, including attending meetings and other scheduled events
 - Onboard and train designated staff and leadership on all elements of SafeHaven™
 - MSV will enroll and collect SafeHaven™ program fees via MSV's website
 - Provide ongoing well being resources including articles, webinars and additional content for newsletters, website, etc.
- Non-Dues Revenue support
 - Retail cost for SafeHaven™ is \$265 per user per year for large groups (over 25) and \$365 per user per year for small groups (under 25) and solo physicians
 - Local Society will receive a flat fee for every physician or PA that they help sign up

Contact the Medical Society of Virginia to
learn more about SafeHaven™.

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www.msv.org/safehaven