



## SAFEHAVEN™ CLINICIAN WELL BEING PROGRAM

*Rediscover meaning, joy and purpose in medicine.*

SafeHaven™ ensures that you can seek support for burnout, career fatigue and mental health reasons without the fear of undue repercussions to your medical license.

### RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Clinician Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family. These resources include:



**Clinician Peer Coaching**—talk with someone like you who can help you grow both personally and professionally



**Counseling**, available in either face-to-face or virtual sessions



**Legal and financial consultations** and resources



**In-the-moment telephonic support**, available 24/7



**WorkLife Concierge**, a virtual assistant to help with every day and special occasion tasks



**VITAL WorkLife App**—Mobile access to resources, well being assessments, Insights, videos and more

To access your resources, contact VITAL WorkLife at **877.731.3949** or visit **VITALWorkLife.com**.

**Username:**

**Password:**

### WE PROTECT PHYSICIANS AND PAs

SafeHaven™ was launched in 2020 after recognizing a greater need to provide physicians and PAs the support needed to stay well and prevent burnout. It was established when HB115 (Hope) and SB120 (Barker) successfully passed both chambers and were signed by Governor Northam. **SafeHaven™ provides:**



#### INDEPENDENCE.

The bill establishes, in the Virginia Code, legal protections for a professional program which addresses issues related to burnout by doctors of medicine or osteopathic medicine and PAs.



#### IMMUNITY.

Amendments give more professional discretion to the provider on when to report to the board a belief that a physician or PA is in danger to themselves or others. All participants of SafeHaven™ are immune from reporting unless they are a danger to themselves or others.



#### PRIVILEGED COMMUNICATIONS.

Consultations under SafeHaven™ are considered privileged communications and do not pose a risk to a clinician's medical license, except in the case of extraordinary circumstances.



*To support the needs of physicians and PAs struggling with stress, burnout and the effects of COVID-19, the Medical Society of Virginia (MSV) and VITAL WorkLife have partnered to offer physicians and PAs a comprehensive set of well being resources they can use without risk to their medical license, SafeHaven™.*